



# *Circuits des mercredis*

## **AOUT 2017**

### **Départ : 7 h 30**

**02** **100 km**

**DV 1736 m** **Open [www.openrunner.com/index.php?id=7430059](http://www.openrunner.com/index.php?id=7430059)**

Pieusse – Col du Loup – St Hilaire – Ladern – Molière – Col de Taurize – Villar en Val – Labastide – Col de la Garoulière - Clermont - La Caunette – Col de La Louvière  
Lairière – Montjoi – Bouisse – Col de l’Homme Mort – Villardebelle – Buc  
St Polycarpe – Limoux.

**09** **90 km**

**DV 1033 m** **Open [www.openrunner.com/index.php?id=7119874](http://www.openrunner.com/index.php?id=7119874)**

Loupia – Col St Pierre – Caudeval – Moulin Neuf – Lagarde – Belloc – Lérans –  
La Bastide/l’Hers – St Colombe/l’Hers – Rivel – Puivert – Les Tougnets – Col de  
Festes – Bouriège – Magrie – Limoux.

**16** **91 km**

**DV 1643 m** **Open [www.openrunner.com/index.php?id=7717486](http://www.openrunner.com/index.php?id=7717486)**

Pieusse – Pomas – Verzeille – D 343 – Ladern – Molière – Col de Taurize – Villar en  
Val – Labastide – Col de la Garoulière – Clermont – La Caunette – Villardebelle  
Missègre – Belcastel – Buc – St Polycarpe – Limoux.

**23** **84 km**

**DV 1277 m** **Open [www.openrunner.com/index.php?id=7114159](http://www.openrunner.com/index.php?id=7114159)**

Les Dignes – Castelreng – St Couat – Col du Dieudé – St Benoit – Col du Bac  
Chalabre – Rivel – Puivert – Les Tougnets – Fa – Espéraza – Atugnac – La Serpent  
Bouriège – St Sernin – Toureille – Magrie – Limoux.

**30** **94 km**

**DV 1012 m** **Open [www.openrunner.com/index.php?id=6157409](http://www.openrunner.com/index.php?id=6157409)**

Magrie – Bouriège – La Serpent – Antugnac – Espéraza – Fa – Les Tougnets  
Col de Festes – Matchore – St Benoit – Courtauly – Caudeval – Escueillens –Belvèze  
Cambieure – Brugairolles – St Martin – Limoux .